

8 Sacred Truths For Living A Blessed Life!

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Welcome

Hello! My name is Marty Dow, and I am so glad you are reading this eBook.

God wants you to live a blessed life and you can! All you need to do is discover the secrets of the Realms of Blessings, apply the techniques you learn, and watch the blessings flow into your life.

In this eBook, I have included the eight sacred truths for living a blessed life.

I want to encourage you read this eBook carefully, meditate on the ideas contained in it, listen to the mp3 recording of this eBook, and put this ideas to work in your life.

This eBook is designed to be an introduction to these powerful ideas but it can also serve as a reminder to those of you who are already familiar with these concepts and tools. I read and re-read these ideas so they will deepen into my consciousness and change my awareness of being. I don't just want to change my outer life; I want to change my state of being so that I can manifest all that God has promised.

If you have any questions email me at support@spiritualoasisofblessing.com.

Watch your email box for more teachings on spiritual topics to assist you on your spiritual journey.

Be blessed,

Marty Dow



Here is a little about me.

Spirituality is my passion. I have been a spiritual seeker most of my life. My spiritual journey has taken me through many different spiritual philosophies. In my studies, I have discovered that most spiritual traditions have some positive wisdom to offer a truth seeker. Over the years, I have learned to take those ideas or concepts that enhance my journey and leave the rest behind. Currently, I spend my time as a writer and spiritual teacher.

I am an ordained nondenominational minister with a doctorate in Divinity. My last ministerial job was as an Interim minister at our local Unity Church. I describe myself as a Metaphysical Christian, a disciple of Jesus, an ardent student of the Bible, and a committed meditator in the Light.

My life purpose is to teach others about the blessings God has designed for each human being and to provide practical tools to help all to experience God's goodness in every area of life.

8 Sacred Truths for Living a Blessed Life!

There are certain concepts that you must understand and accept as truth if you are going to successfully and consciously bring your desires for a blessed life into your outer experience. I have listed these concepts with a few short explanations for your study.

Print this lesson. Read it several times a day, especially when you first awaken and right before you sleep. Record your responses to these ideas in your journal. Think about them often.

These are some of the most important ideas I could ever share with you!

1. You Are A Spiritual Being.

You are a spiritual being manifesting in a physical reality. Although, you live and operate in a spiritual dimension, you manifest and experience your life in this physical reality.

Now, you may not be aware of this spiritual aspect of yourself. However, it is a very real part of you. The spiritual dimensions are as real as the concrete buildings you see around you every day.

2. You Perceive and Act On the Spiritual Realms Through Your Consciousness, A Tool Of Your Spirit Self.

Your consciousness functions in both the spiritual and physical dimensions. You have control over your consciousness through your free will and can focus your consciousness anywhere you choose. You decide how you will perceive the events in your life. You can choose where to place your powerful attention, on the negative or the positive aspects of your life. You also choose the concepts that you accept as truth. These choices decide what you will experience in life.

As human beings living in our current society, we are not taught about the spiritual dimensions. Instead we are trained to focus our powerful consciousness on the physical/3rd dimension at all times.

One who is fluid in perceiving, experiencing and operating in the spiritual dimension is suspect to those who are only conscious of this physical reality. One who expects only good in his or her life is often seen as “Pollyanna.”

Learning to function in the spiritual realms is paramount to your success in living a blessed life. Consciously choosing where you will focus your attention in this world will allow you to attract the life events you desire to experience and avoid those you no longer want in your life.

3. The Laws And Effects Of The Spiritual Dimensions Supersede The Laws And Effects Of Your Physical Reality.

This statement does not mean physical laws and actions are not important. What is important to understand is that spiritual laws and actions are more powerful than anything you can do in the physical realms.

Therefore, to live a blessed life, you must recognize, understand, and apply spiritual principles first and foremost if you want the best results. Your actions in the physical dimension should support your application of spiritual principles for your desired manifestation. Aligning both spiritual and physical efforts will bring you the quickest results.

4. You Are The Creator Of Your Experiences In This Physical Reality.

Yes, there are natural laws at play in this dimension. Yes, there are other people whose actions can affect your life. However, YOU are the primary cause of any experience in your life. You create those experiences by the things you believe, the things you focus upon, the things you say, the things you imagine, the things you do, and the things about which you dream.

Once you understand and accept this statement as a fact of life, you will be poised to take conscious control of your life, using your powerful consciousness, your free will, and the tools of creation to manifest God’s perfect will for you... An Abundant Life!

5. The Laws Of The Universe, Both Physical And Spiritual, Were Instituted To Help You Live A Blessed Life Now And Forever.

Spiritual laws were intended to teach us to operate successfully in the spiritual dimensions thereby creating a positive life in the physical dimension. They were not created to punish, torment, or destroy you as many have been taught to believe.

When you do not properly apply a spiritual law, you have the opportunity to learn from your results and make adjustments to your application of that law, much like a math student can learn from the results of a math problem solved incorrectly. The student is given an opportunity to practice the math problem until the correct result is achieved; you too have infinite practice opportunities.

Your experiences in your outer life are the results of your application of spiritual and natural laws. If you do not like your results, you have an opportunity to learn from your mistakes and reapply the laws in a new way to achieve better results.

This idea supports the statement... “If you keep doing what you have always done, you will get what you have always gotten.” Nothing changes until you change!

6. The Spiritual Laws Can Be Used Correctly To Create Blessings In Your Life. Or They Can Also Be Misused To Create Havoc Or Curses In Your Life.

The Bible speaks of the blessings and curses. It teaches that what you sow you will reap. It talks of the law of sin and death and the law of spirit and life.

The Bible teaches that it is God’s Will for all to live under the blessing; but because of free will, one can choose to manifest the curse into their lives.

In metaphysics and/or alternative spiritual paths, these ideas are described as the law of karma. According to these teachings, one can create good karma or negative karma based on the actions one has taken.

There is a great story in the Old Testament of a time when the Israelites were in the desert after fleeing Egypt. Through Moses, God spent time teaching them about the laws of manifestation.

God told them that the blessings and the curses had been laid before them. Now, they must choose which of these they will experience. If they listen to God and apply spiritual laws correctly, they will be blessed with every good thing. If they do not listen to God and misuse spiritual laws, they will live under the curse. Whole chapters are used to describe, in detail, every possible blessing and every possible curse. If you are interested in reading this story, you will find it beginning in Deuteronomy 28.

There is so much more I could write about this topic, but doing so would take me away from my mission for today. What is important for today is to emphasize those blessings and curses, positive and negative karma are the result of the operation of very specific laws.

The positive or negative experiences in your life are not just events that mysteriously happen to you. These events are based on laws that can be identified and properly operated to get the results you want to have manifested in your life... blessings or curses.

If you know the laws and you make the right application regarding these laws, you can consciously create the outcome you desire.

7. You Have Available To You The Tools Of Creation To Help You Create The Life You Want To Live.

These Tools of Creation include: faith, thoughts, words, attention, intention, visions, prayer, love, light, and more.

The Spiritual Oasis of Blessing Ezine, to which you are now subscribed, will continue to educate you on the tools of creation including encouraging you to register for a weekly positive thought, affirmation and visualization.

Watch your email for more teachings on these topics.

8. God's Will For YOU Is Good!

Finally and most importantly, you must understand that God is for you and not against you. Always remember the following five truths.

1. God wants you to live a blessed life!
2. God designed you with everything you need to succeed.
3. God created the spiritual dimensions of light out of which you can access every good and perfect thing.
4. God gave you the tools to use in bringing those un-manifested blessings into your life so that you could live a blessed life right here, right now, on the earth, for all to see!
5. You cannot fail if you follow the Divine Plan!

Make these fundamental truths for living a blessed life part of your belief system and you will succeed in manifesting an abundant life!

Be Blessed!

Rev. Dr. Marty Dow